



News Release

NYSEG AND RG&E REMIND CUSTOMERS ABOUT SEASONAL SAFETY

FOR IMMEDIATE RELEASE

Rochester, NY, November 5, 2007 – While the recent stretch of unseasonably mild weather may suggest otherwise, it's time to ensure that heating systems are operating efficiently and safely.

"Furnaces, boilers, chimneys and flues should be checked each year by a professional," said Mike Eastman, vice president - gas assets at NYSEG and RG&E. "A furnace or boiler that is not working properly or a chimney or flue that is blocked can cause deadly carbon monoxide to form."

Carbon monoxide is colorless and odorless. In lower concentrations it can cause flu-like symptoms – headache, dizziness, nausea, coughing and difficulty breathing. In higher concentrations, it can cause loss of consciousness or even death. Eastman said that anyone who suspects a carbon monoxide problem should get fresh air, seek medical assistance and contact their utility: NYSEG customers should call 1.800.572.1121; RG&E customers should call 1.800.743.1702; or call 911.

Customers should also be alert to natural gas leaks. Eastman said if customers smell a "rotten egg" odor, they should get up, get out and contact their utility from a neighbor's phone. He said NYSEG and RG&E will respond quickly to make sure customers are safe.

About NYSEG and RG&E: NYSEG and RG&E are subsidiaries of Energy East Corporation [NYSE:EAS], a super-regional energy services and delivery company in the Northeast. NYSEG serves 871,000 electricity customers and 256,000 natural gas customers across more than 40% of upstate New York. RG&E serves 359,000 electricity customers and 296,000 natural gas customers in a nine-county region centered on the City of Rochester. By providing outstanding customer service and meeting customers' energy requirements in an environmentally-responsible manner, NYSEG and RG&E will continue to be valuable assets to the communities they serve. For more information, visit nyseg.com and rge.com.

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